



SHERRI
ELLIOTT-
YEARLY

Feel Divinely Sexy,
Confident and live
a *Zensual* Life!

Intimacy &
Relationship
Coach





INTIMACY AND RELATIONSHIP COACH

Hi, I am Sher.

And I am here to help you heal and connect.

As your Somatica-trained Sex & Intimacy Coach, it would be a privilege (and a pleasure) to inspire and empower you to begin your very own self-love affair.

Let's work together so you can start living a life full of passion & zensuality!



ABOUT ME

I am an International Coaching Federation (ICF) certified coach with over fifteen years of high-level executive coaching experience. As an Intimacy & Relationship Coach, I am also trained in both The Somatica® Method and Finding Peace in Relationships. I am also the proud owner and operator of a luxurious retreat nestled in the breathtaking beauty of Tulum, Mexico.

As an internationally published author with an extensive publication history, I am celebrated for delivering keynote motivational speeches and workshops on a wide range of topics.

My clients have described me as a sexual empowerment coach, trusted mentor, sex surrogate, and their best girlfriend.



INTIMACY & RELATIONSHIP COACHING FOR MEN

Are you sexually frustrated?

Do you feel your relationship is beyond repair?

Has communication with your partner basically stopped?

Are you a recent divorcé and looking to reenter the dating scene?

Do you struggle with shame and performance anxiety?

Do you rely on pornography to find sexual release?

If you answered “yes” to any of these questions, sex and intimacy coaching can help.

Here’s how.

I offer a safe, judgment-free space for men to share their deepest desires and greatest fears. We talk through your sexual history, address current challenges, break down unhealthy stereotypes and stigmas, and foster a healthy self-image.

Many of my male clients are either married, single, in a committed relationship, and/or part of the LGBTQ+ community. And I have successfully helped my male clients with...

- Erectile dysfunction
- Premature ejaculation
- Delayed ejaculation
- Low sexual desire
- Deconstructing gender roles
- Bisexual exploration
- Healing from past trauma
- Addiction
- Understanding fetishes
- Infertility and adoption
- Parenting
- Conflict resolution

COMMON SEXUAL DYSFUNCTIONS FOR MEN



Erectile dysfunction. There are many physical and mental factors that can cause erectile dysfunction. With my Somatica training, I can provide you with specific tools to help you connect with your body and take the pressure off.

Premature ejaculation. “Coming before you want to” is often related to anxiety. Using breathing and physical relaxation techniques, I can help you sustain an erection longer and give you greater control over your ejaculation.

Low desire. Anxiety, depression, low testosterone, hormonal imbalances, age, and certain medications can affect your libido. I can work with you to discover what arouses you and encourage you to share openly with your partner(s).



REQUEST A FREE 30-MINUTE DISCOVERY CALL



It can be lonely when you feel unable to share your intimate thoughts about your sexuality or relationship. Quite often, clients tell me they wish they had reached out earlier so they could feel as great as they do even sooner!

Whether you are a man, a woman, or a couple, if you are straight, gay, lesbian, bisexual, bicurious, pan or polysexual, or unsure, I am here to support you as you navigate your relationships and intimate connections.

Your turned-on, lit-up Zensual Life is within reach.
Just give me a call.



469-908-4155



info@zensualgal.com



www.zensualgal.com



@zensualgal